

HARMONY OF LIFE AND THE ENVIRONMENT

Shafarenko Sergei, Expert of International Coordination
Council “Our common home – Altai” Russia, Barnaul



At the current stage of civilization development, society is creating an increasingly artificial habitat for human beings. Cities, megacities, supermarkets, train stations and airports, transport and industrial enterprises eliminate the natural human environment from life, which has a rather negative effect on the psychophysiological state of residents of large cities. A striking example is Japan, where the technocratic level of development has been elevated to the rank of a fetish, and where people in multimillion cities are seriously suffering from loneliness and various mental illnesses - there is a high suicide rate. The human psyche cannot withstand such destructive pressure and is looking for a way out — cafes have appeared in Tokyo where visitors can pet and play with various animals. Many people just want to go to nature or sit on the grass in the park as a vacation.

It is clear that in his pursuit of comfort and an artificial environment, man has missed the fundamental principles of the divine world order, which alone can bring harmony into their existence. Where a person can restore his strength, get nourished by life—giving currents and catch inspiration - in nature.

The noise of the forest or surf, the singing of birds and the beauty of flowers bring back the lost harmony to a person. Man, in his development as a young child, thought that he could do without these spheres of life, but no, a person cannot exclude himself from the unified chain of life of the planet without consequences. Everything in life is interconnected — one line of life feeds another, gives development to the third, helps to evolve the fourth. If you exclude one of the lines, there will be a breakage, which will lead to destruction. This is what we see in megacities.

And again, we return to the wonderful ideas of our wonderful Russian philosophers: "I call a true or positive unity one in which the one exists not at the expense of all or to the detriment of them, but in favor of all... true unity preserves and strengthens its elements, being realized in them as the fullness of being." This is what Vladimir Solovyov said in his work "*Justification of Goodness*" about the principle of unity. How can we restore the natural harmony of human life? Now there are many environmental organizations in the world that preserve nature.





There are such organizations in the Altai Territory. Scientists, students and schoolchildren create environmental clubs and associations that participate in various environmental actions and campaigns. Thus, the Clean Belukha project has been implemented to clean up the Belukha Mountain area from tourist debris. The Altai Mountain region and its highest mountain Belukha are sacred territory for local residents – they call this peak Uch Sumer. It is a UNESCO World Natural Heritage Site. At the same time, this region is an attractive tourist route for many visitors to a unique place. A specially protected natural area has been created here – the Belukha Nature Park. A large number of tourists and climbers visit this natural park, but leave a lot of garbage there, which pollutes the environment. During the implementation of the project, three tons of garbage were removed from the high-altitude area. Now new rules have been introduced for visiting the Belukha Nature Park: all the garbage that people bring with them, they will have to take back.



In addition, the campaign "Clean Coast" and "Clean Ob" was carried out to clean the banks of the Ob River. The campaign "Save the Forest" was carried out to counteract the deforestation of the relict pine forest. People understand that their health and well-being are inextricably linked to the environment and struggle to preserve natural resources. The next thing that needs to be done is to reduce such a negative phenomenon as the construction of megacities. The settlement on the planet should be uniform and not numerous in one place. The natural principle of human communication with the landscape, plants, and animals must also be respected. It is necessary to include parks and green areas in the plans for the development of settlements, where people could relax and restore strength and health.

A single world includes all these elements and thus gives fullness of life and general harmony. But in addition to the lower worlds — mineral, vegetable and animal, contact with the higher world is extremely necessary for man — the divine world, which from ancient times indicated the direction of development for man in the form of spiritual practices and moral rules, codes, foundations of faith, prophecies, messages, and teachings. Help and care in a downward line and the perception of guidance, help and care are from above. As the Russian religious philosopher Vladimir Solovyov said, a person should have a moral code in relation to the three worlds. We should be guided by pity towards the lower world of animals and plants, and compassion should prevail in the human world. In relation to the higher divine world, we must be guided by reverence. All this in a complex, in a single living connection, will strengthen the Single Greater Harmony of the Life of our Universe.

